

Walk with Mary Registration Form

I would like to register as a walker and my donation is \$ _____

I am unable to walk, but would like to contribute. Enclosed is my donation of \$ _____

Your name _____ Address _____

City _____ State _____ Zip _____ Phone _____

Email _____ **Event Date :** June 13, 2009 **Location :** Penitentiary Glen

Facts about Parkinson's Disease

- More than one million Americans are living with Parkinson's Disease - a chronic, degenerative neurological disorder, resulting in a loss of dopamine production, typically progressing from mild tremors to complete physical incapacitation. Dopamine is a substance that is essential to normal nerve activity in the brain.
- Approximately 60,000 Americans are diagnosed with Parkinson's each year.
- Age remains a factor in predicting Parkinson's Disease, though an estimated 40 percent of Parkinson's patients are diagnosed under 60. As "Baby Boomers" age, the rate of Parkinson's Disease is increasing.
- Most patients, when diagnosed (generally when a tremor appears), have already lost 60-80 percent of their dopamine producing cells.
- Current treatments mask Parkinson's symptoms but do not stop the Disease's progression. The effects of most common therapies diminish over time, leaving fewer treatment options as the Disease advances. Based on the severity of the condition, surgery may be recommended as a treatment option. Deep brain stimulation (DBS) is a procedure used to treat Parkinson's patients. It is designed to help patients with tremors, slowed movement and walking problems. DBS uses electrical currents to "jam" abnormal brain signals.
- Some scientists believe that environmental toxins may trigger Parkinson's Disease.



Walk with Mary



for Parkinson's Disease research

After the walk, stick around for:

Cruise with Mary
21st Annual Charity Car Show

Presented by:
Competition Corvette Association
All makes and models welcome!

All proceeds go to:

The Michael J. Fox Foundation for
Parkinson's Disease Research
and
The Cleveland Clinic Foundation

Saturday
June 13, 2009

Penitentiary Glen
Kirtland, Ohio

Walk with Mary

for Parkinson's Disease research

Date

Saturday, June 13th

Registration

8:30 am

Starting Time

9:00 am

Location: Penitentiary Glen
8668 Kirtland Chardon Road
Kirtland, Ohio 44094

Anyone is welcome to Walk with Mary! There is a one and two mile walk. Food and beverages will be provided after the walk, and winners of the raffle prizes will be announced.

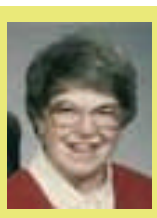
Stick around after the walk for Cruise with Mary!

12:00—3:00

Join us for the charity car show presented by the Competition Corvette Association, including awards, raffles, music and food from the Winking Lizard restaurant. Register online at www.CruisewithMary.org.

For more information, email:
Sharon: jeckerle154@att.net
Diane: ddkinsey@sbcglobal.net

Visit our website:
www.WalkwithMary.org



Meet Mary Shroul

Thank you for your help in finding a cure for Parkinson's Disease by being a part of WALK WITH MARY. The event is dedicated to Mary Shroul, and getting to know her will help you understand why your help is so appreciated.

Mary died of complications associated with Parkinson's Disease on October 29, 2000 after suffering with the disease for twenty years. The wife of Bill Shroul and the mother of a son and two daughters, Mary worked in the obstetrics department as a registered nurse at Lake East Hospital for over 30 years. She loved working with the new mothers and their babies.

Unfortunately her career was cut short by the onset of Parkinson's Disease. The early stage of Parkinson's is many times characterized by an uncontrollable shaking of the hands. It is this symptom that caused Mary to retire early. She was fearful that the disease would effect her ability to help her patients in the manner that she was accustomed.

As the disease progressed, an active, caring, outgoing person slowly changed into one with diminishing physical capabilities and a less confident outlook on life. Mary's family painfully watched as she courageously battled the effects of Parkinson's Disease.

Parkinson's Disease has a devastating effect on the person with the disease, but it also dramatically affects the family. In Mary's case, an already close family turned to each other. As difficult as the disease was - and there were many ups and downs - each family member pitched in to provide help. It was a reaction to adversity that Mary had instilled in her children. The family grew closer through the experience.

As you WALK WITH MARY, you can be comforted by the fact that, even though she would be a little embarrassed by the attention, she would truly appreciate you being here. The smile that was so often present would have been reward enough for your efforts!

Walk with Mary Waiver of Liability

In consideration of the acceptance of my entry fee for the Walk with Mary walk on June 13, 2009, at Penitentiary Glen Park in Kirtland, Ohio, for myself, my executors, administrators, heirs, and assigns, I do hereby release representatives of Walk with Mary and Lake Metro Parks from any and all claims, damages, and demands, or liabilities of any kind whatsoever in any manner arising from my participation in the event. I attest and verify that I have full knowledge of the risks involved and that I am physically fit to participate in the event.

Name

Signature

(For participants younger than age 18, parent or guardian must sign)

Please make checks payable to:
The Michael J. Fox Foundation or
The Cleveland Clinic Foundation
and mail to:

Diane Kinsey
6423 Auburn Road
Concord, Ohio 44077

(see other side for registration form)